



Virgin Island GI

Experience the Fun

Food Menu

STARTERS

Beef Samosa (4 pieces)
Beef

Vegetable Spring Rolls (4 pieces)
Cabbage, onion, green pepper, carrot, spring onion

MAIN DISH

GHC 60 Grilled Baraccuda (in hot pepper sauce) with Banku **GHC 350**

GHC 50 Loaded Fries **GHC 180**
Cream sauce, chicken beef, fries, tomato, green pepper, sauces/egg

LOCALS

MAINS

Akple with Aborbi Taadi
Maize, dry anchovies, hot pepper

GHC 159

Ampesi with Palava Sauce
Yam/unripe plantain, cocoyam leaves, tuna, beef,egg

GHC 200

Atseke with Tilapia
Cassava meal

GHC 259/289/309

Atseke with Redfish
Cassava meal

GHC 329

Banku with Redfish
Cassava/maize, Redfish, hot chilli pepper, green pepper sauce

GHC 259

Banku with Tilapia
Cassava/maize, Redfish, hot chilli pepper, green pepper sauce

GHC 189/209/229

Banku with Baracuda
Baarracuda, hot chilli pepper, green pepper sauce

GHC 209

Banku with Assorted Okra Soup/Stew
Cassava/maize, okra, oyster, tuna/salmon, crab, chevon (goat meat), shrimps

GHC 209

Banku with Okra Soup/Stew
Cassav/maize, okra, tuna/salmon, chevon (goat meat)

GHC 189

Fufu with Goat Soup
Cassava, plantain, chevon (goat meat), pepper, tomato

GHC 200

Red Red
Beans, ripe plantain (fried)

GHC 100

EXTRA

Akple
maize

GHC 10

Ampesi
Yam/unripe plantain

GHC 20

Banku
Maize, cassava

GHC 10

Baracuda
Barracuda, hot chilli pepper, green pepper sauce

GHC 330

Assorted Okra Soup/Stew
okra, oyster, tuna/salmon, crab, chevon (goat meat), shrimps

GHC 189

Okra Soup/Stew
okra, tuna/salmon, chevon (goat meat)

GHC 169

Fufu
Cassava, plantain

GHC 20

Goat Light Soup
chevon (goat meat), pepper, tomato

GHC 189

Fried Plantain

GHC 80

Redfish (Large)
Spiced

GHC 239

CONTINENTAL

RICE

Curry Rice with Chicken Rice, curry, Chicken (grilled/fried), vegetables	GHC 129
Fried Rice with Chicken Rice, chicken (fried/grilled), vegetables	GHC 129
Fried Rice with Tilapia Rice, Tilapia (fried/grilled), vegetables	GHC 189/209/229
Fried Rice with Redfish Rice, Snapper (fried/grilled), vegetables	GHC 259
Jollof Rice with Chicken Rice, chicken (fried/grilled), vegetables	GHC 129
Jollof Rice with Tilapia Rice, Tilapia (fried/grilled), vegetables	GHC 189/209/229
Jollof Rice with Redfish Rice, snapper (fried/grilled), vegetables	GHC 259
Plain Rice with Beef/Chicken Sauce Rice, chicken/beef, vegetables	GHC 149
Plain Rice with Chicken Stew Rice, chicken (fried/grilled), vegetables	GHC 139
Plain Rice with Goat Stew Rice, chevon (fried/grilled), vegetables	GHC 189
Plain Rice with Vegetable Sauce Rice, vegetables	GHC 109
Plain Rice with Tilapia Stew Rice, Tilapia (fried/grilled), vegetables	GHC 189/209/229
Virgin Island Special Rice Assorted protein (Egg, beef, chicken, shrimps, octopus, sausage, vegetables)	GHC 209

PASTA

Spaghetti with Chicken sauce Spaghetti, chicken, tomato	GHC 149
Spaghetti Bolognese Spaghetti, egg, vegetables	GHC 149
Spaghetti with vegetable Sauce Spaghetti, vegetables	GHC 109
Spaghetti Arrata Spaghetti, vegetables, egg	GHC 109

FRIES

Potato Fries Potato	GHC 40
Yam Chips	GHC 40

PROTEINS

Chicken (grilled/fried) Ginger, garlic, pepper	GHC 80
Tilapia (Grilled/Fried) Ginger, garlic, pepper	GHC 180/200/220
Spicy chicken Wings (6 pieces) Ginger, garlic, pepper	GHC 80
Chevon (Goat Meat) Ginger, garlic, pepper	GHC 150
Egg (Fried/Boiled) Egg, vegetable	GHC 7

SALADS

Mixed Salad Lettuce, tomato, carrot, cabbage, onion, coccumba	GHC 129
French Salad	GHC 129
Beef & Chicken Salad	GHC 159
Tuna Salad	GHC 159
Tomato Salad	GHC 70
*Extra Salad Cream	GHC 40

SEAFOOD

Grilled Barracuda Served With Garlic Cream Sauce	GHC 249
Grilled Lobster, Prawns, Octopus, Grouper Fish Served with chilly	GHC 1,100
Octopus Sauce Provencal	GHC 209
Seafood Basquese Octopu, prawns, barccuda	GHC 400
Garlic Grilled Prawns Served with garlic parsley butter	GHC 299

PIZZA

	Small	Medium	Large
ALL SEASON	GHC 154	GHC 171	GHC 200
CHICKEN	GHC 115	GHC 140	GHC 160
MARGARITA	GHC 120	GHC 155	GHC 182
MEAT LOVERS	GHC 145	GHC 180	GHC 200
VEGETABLE	GHC 74	GHC 115	GHC 154
EXTRA CHEESE	:GHC40		

AD VIRGIN ISLAND RESORT

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